



Roy and Patsy Jones Celebrate 60 Years

Roy and Patsy Jones of Bernardo celebrated their 60th wedding anniversary last Wednesday. They were married on August 5th, 1949 by Ralph Gustafson, Justice of the Peace, in Galveston.

The couple will celebrate their diamond wedding anniversary later this year with a family getaway to Galveston and a trip to California and Las Vegas.

Roy is originally from Bernardo and served in the U.S. Navy during WWII before working and retiring from Eagle Lake Motors in Eagle Lake. Patsy is the former Patsy Paschall of Eagle Lake and is a retired cosmetology teacher from Sealy ISD. They attend St. Roch's Catholic Church in Mentz and are members of The Knights of Columbus and The Catholic Daughters.

Children of the couple are Cathy Jones of Weimar and the late Terry Jones of Bernardo. Their grandchildren are Ryan Mills and Trenton Mills of Houston and Darren and Terry Macdonald of Cypress, Texas.

Using Technology To Help Kids Succeed At School

If you were presented with the option of having your child become the world's best video gamer or the most technology-literate student poised for success in school and the workplace, which would you choose?

Parents today have this choice, say experts, as this generation of children is positioned to become the most literate, best informed and most technologically sophisticated ever.

What kids do with this opportunity largely is contingent on their parents' involvement in helping

them use new technologies for more than just entertainment.

"It's more important than ever for parents to ensure children take advantage of computer technology to get a leg-up in life.

There are many free Web sites and services accessible at home, in schools and libraries, to help kids learn better and be prepared to compete in the workplace," said Allan Weis, author of the new book "The Business of Changing Lives" and founder of ThinkQuest, an educational Olympics on the

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TSTC Fall Registration Underway Until Aug. 27

Registration is now underway for the fall 2009 semester for Texas State Technical College (TSTC) classes held at WCJC Fort Bend Technical Center, and students will have the option of selecting among several programs, including Air Conditioning and Refrigeration, Diesel Equipment, Mechanical Engineering and Machining.

Registration hours are 8 a.m. to 5 p.m. weekdays. Students can register for fall classes until Aug. 27. Fall classes are set to begin on Monday, Aug. 31.

For a complete listing of programs available, go to www.waco.tstc.edu/fort_bend.

Students can choose from two-year degree or certificate programs, or opt to take online and Distance Learning classes through TSTC.

In addition, high school students can enroll in dual credit classes and get a jump on their college degree at no charge.

Because financial aid processing can take several weeks to complete — especially for the fall term — those needing financial assistance should contact the TSTC Financial Aid Office immediately at 254-867-4814.

The TSTC Waco Web site — www.waco.tstc.edu — provides additional details, dates and an online application.

To find out more about what's available at TSTC, call toll-free at 800-792-8784 or direct 254-867-2360 or go to www.waco.tstc.edu.

To contact Fort Bend Technical Center directly, call toll-free at 800-561-9252, ext. 1548 or direct 281-239-1548 for more information.

Tips For Grilling The Perfect Fish Everytime

With summer in full swing and the grilling season heating up, many are looking for something different - and more healthful - to toss onto the grill.

It's no surprise that burgers and bratwurst are finding less room on the BBQ due to the increase in popularity of grilled fish, especially meatier options like salmon or tuna.

"Grilling has always been a healthy method of cooking," said Frank Dulcich, president and CEO of Pacific Seafood Group. "Combined with the health benefits of fish, grilled salmon is a fun and delicious way to get Omega-3 fatty acids and a natural source of protein while enjoying a great meal you can feel good about."

Here are some handy tips from the experts at Pacific Seafood for grilling fish:

* If using a charcoal grill, group briquettes into a pyramid and ignite. When covered in ash, spread coals into a single layer in an area larger than the food on the grill.

* If using a gas or electric grill, turn on the heat source 10 minutes prior to cooking.

* Fish cooks best over a medium to hot fire and shellfish requires a hot fire.

* Keep a spray bottle of water nearby to extinguish any flare-ups.

* Always start with a clean grill.

* Wipe the grill with oil or other fat to keep the fish from sticking.

* Start by grilling skin side down. If the skin has been removed, this side will be slightly darker.

* Turn seafood only once.

* Cook a total of six to twelve minutes per inch of thickness and avoid over-cooking.

For information about the health benefits of fish and easy recipes, visit www.paceseafood.com.

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Wesley Chapel United Methodist Church will be having a Fish Fry on Friday, August 14 1003 Columbus Street in Altair from 11 a.m.-2 p.m. \$7 donation per plate Delivery upon request

For more information please contact Mary Nightingale at 234-3264, Marie Glover at 234-2206 and Betty Glover at 234-3164.



Rice Medical Center Specialty Clinic Announces Oncology Services by Dr. Popatia

Dr. Amiralis Popatia, M.D. F.A.C.P. joins the Specialty Clinic physicians at Rice Medical Center.

Board certified in Medical Oncology through the American Board Medical of Internal Medicine, Dr. Popatia obtained his medical degree through the Dow Medical College in Karschi, Pakistan and completed his residency from The University of Texas Medical Branch in Galveston, Texas. For appointments, call 979-234-5571 Ext#5205

"CASH FOR CLUNKERS"

2009 Chevy Aveo5 LT	\$15,855 MSRP \$15,260 Supplier Price (\$ 500) BMC Discount (\$1,000) GM Rebate (\$4,500) CARS cash* \$9,260^{+ttl}
#093201169	*you must have a trade that qualifies for the CARS program ("cash for clunkers"). See dealer for more info.

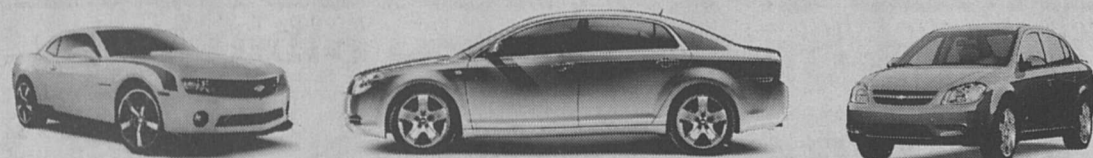
2009 Chevy Cobalt LS	\$16,850 MSRP \$16,240 Supplier Price (\$ 500) BMC Discount (\$1,500) GM Rebate (\$4,500) CARS cash* \$9,740^{+ttl}
#07102808	*you must have a trade that qualifies for the CARS program ("cash for clunkers"). See dealer for more info.

2008 Chevy Malibu LT	\$22,685 MSRP \$21,796 Supplier Price (\$1,000) BMC Discount (\$2,750) GM Rebate (\$4,500) CARS cash* \$13,546^{+ttl}
#81284662	*you must have a trade that qualifies for the CARS program ("cash for clunkers"). See dealer for more info.

2009 Chevy Silverado Reg. Cab	\$22,140 MSRP \$21,490 Supplier Price (\$ 500) BMC Discount (\$2,000) GM Rebate (\$4,500) CARS cash* \$14,490^{+ttl}
#072317482	*you must have a trade that qualifies for the CARS program ("cash for clunkers"). See dealer for more info.

2010 Chevy Camaro 2LT	\$28,230 MSRP (\$ 500) BMC Discount (\$4,500) CARS cash* \$23,230^{+ttl}
#A9000570	*you must have a trade that qualifies for the CARS program ("cash for clunkers"). See dealer for more info.

2009 Chevy Silverado Crew Cab	\$29,480 MSRP \$27,509 Supplier Price (\$ 500) BMC Discount (\$3,500) GM Rebate (\$4,500) CARS cash* \$19,009^{+ttl}
#9G113145	*you must have a trade that qualifies for the CARS program ("cash for clunkers"). See dealer for more info.



Several very important points about the CARS Program ("cash for clunkers")

Your trade in must (a) be drivable; (b) be continuously insured and registered to you for the past year; (c) have a combined EPA mileage estimate of 18mpg or less; and (d) be less than 25 years old. Depending on your trade AND the new vehicle purchased, you may qualify for a \$3,500 or \$4,500 voucher to be used as your trade-in value. Your trade will be scrapped; the voucher takes the place of the value of your trade. NOT ALL USED VEHICLES QUALIFY FOR THE VOUCHERS and NOT ALL NEW VEHICLES QUALIFY FOR THE VOUCHERS. Please call or stop by so we can see which voucher you qualify to receive, if you qualify at all. HURRY BECAUSE THE PROGRAM COULD END WITHOUT NOTICE!



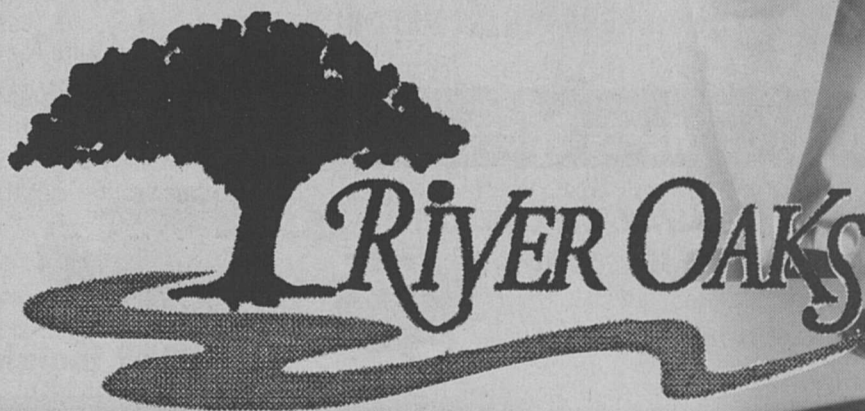
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